

Chattanooga Invitational Long Course Meet

USA Swimming Swim Meet

June 8, 9 and 10, 2007

Sanction: Southeastern Swimming, Inc. of USA Swimming. Sanction Number: 07SESCAC6-8

Hosted by: Scenic City Aquatic Club, 423-634-7606, 205 Island Ave., Chattanooga, TN 37405

Location: Warner Park Pool, 1101 McCallie Avenue, Chattanooga, TN

Pool: Outdoor, 8-lane, 50 meter, 4-12' deep Non-turbulent lane ropes. Plenty of room for spectators and places to erect small tarpaulins for shade exist. We encourage you to provide ample shade for your swimmers, as it can be very hot in June. Pool house and restroom facilities are available. Ample parking exists at the west end of the pool. Overflow parking available. Bring chairs for seating

Timing: Fully automatic Daktronics timing system. Manual backup. Hytek Meet Management software. Immediate results upon request.

Officials: Meet Director: Cathy Forsthoffer
email - cathy.forsthoffer@leadtimetechnology.com

Meet Referee: Elliott Peigen

Eligibility: All participants must be currently registered USA Swimming athletes

Rules. The 2007 USA rules will govern the conduct of the meet unless noted otherwise herein. All events will be timed finals.

Age: The swimmer's age on the first day of the meet will determine his/her age for the entire meet.

Scoring & Awards: No team or individual scores will be kept. Ribbons 1-8 for 12 and under events

Warm-up: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up procedure prior to the start of the meet warm-up. All swimmers and coaches attending this meet will follow this procedure.

Schedule: Session 1, Friday afternoon, warm-up 3:30 PM; Start 5:00 PM

Session 2, Saturday morning, warm-up 7:30 AM; events 9:00 AM

Session 3, Saturday afternoon, warm-up not before 11:00 AM; Start not before 12:00 PM

Session 4, Sunday morning, warm-up 7:30 AM; Start 9:00 AM

Fees: \$3.00 per event plus a Southeastern Swimming, Inc. surcharge of \$3.00 per swimmer. Make checks payable to Scenic City Aquatic Club. No refunds will be made.

Entry limits: Swimmers may enter a maximum of 4 events per day.

Entry: Computer Entry. Teams with Hytek Software may enter on disk or email. Please be sure to send a hard copy for proofreading purposes

Mail to: John Woods
205 Island Ave.
Chattanooga, TN 37405
Phone (423) 634-7606
Email flipper@gps.edu

Please complete Team Liability Waiver and Entry Recap.

Entry Deadline: Email entries or entry forms, summary sheets, entry fees and surcharges must be received by the Meet Director on or before **June 1, 2007**.

Enter Long Course Times.

Please make one check payable to the "Scenic City Aquatic Club." Late entries may be accepted at the discretion of the Meet Director. However, they will be accepted on a "lane available" basis and may not appear on the heat sheet.

Seeding: All events will be pre-seeded with the exception of all events 400 meters or longer.

Check in: Check in for 400 IM by 4:30 PM Friday June 8. For other deck seeded events, check in before the start of that session.

Special Notes: In accordance with Southeastern Swimming Guidelines, overhead starts, whistle starts, and the "no recall rule" will apply.

Current USA swimming officials please contact meet referee Elliott Peigen if you would like to help with this meet.

The Meet Referee reserves the right to combine heats and/or events in order to facilitate the conduct of the meet.

In the interest of safety, all coaches and swimmers are asked to observe all posted pool and facility rules, and conduct themselves in a safe and prudent manner.

All coaches must be currently certified to USA Swimming requirements.

Should there be any questions, meet officials will recognize coaches or their designated representative ONLY.

Evaluations: Any comments, suggestions, or evaluations should be mailed to:
Ben Davis – Chairman Southeastern Swimming
Suite 106 1025 Montgomery Hwy Birmingham, AL 35216

Schedule of Events
June 8, 9 and 10, 2007

Friday Afternoon, June 8, 2007 Session 1

Warm-up 3:30 PM

Start 5:00 PM

Girls	Age Group	Distance - Stroke	Boys
1	Senior	400 Individual Medley +	2
3	13-14	400 Individual Medley +	4
5	11-12	50 Breaststroke	6
7	10 & under	50 Breaststroke	8
9	Senior	200 Breaststroke	10
11	13-14	200 Breaststroke	12
13	11-12	50 Freestyle	14
15	10 & under	50 Freestyle	16
17	Senior	50 Freestyle	18
19	13-14	50 Freestyle	20
21	11-12	50 Backstroke	22
23	10 & under	50 Backstroke	24
25	Senior	200 Backstroke	26
27	13-14	200 Backstroke	28

Saturday Morning, June 9, 2007 Session 2

Warm-up 7:30 AM

Start 9:00 AM

29	13-14	200 Individual Medley	30
31	Senior	200 Individual Medley	32
33	13-14	100 Breaststroke	34
35	Senior	100 Breaststroke	36
37	13-14	100 Freestyle	38
39	Senior	100 Freestyle	40
41	13-14	200 Butterfly	42
43	Senior	200 Butterfly	44

10 minute break

45	13-14	400 Freestyle +	46
47	Senior	400 Freestyle +	48

Saturday Afternoon, June 9, 2007 Session 3

Warm-up not before 11:00 AM

Start not before 12:00 PM

49	11-12	200 Individual Medley	50
51	10 & under	200 Individual Medley	52
53	11-12	100 Breaststroke	54
55	10 & under	100 Breaststroke	56
57	11-12	100 Freestyle	58
59	10 & under	100 Freestyle	60
61	11-12	50 Butterfly	62
63	10 & under	50 Butterfly	64

15 minute break

65	12 & under	400 Freestyle	66
----	------------	---------------	----

Sunday Morning, June 10, 2007 Session 4

Warm-up 7:30 AM

Start 9:00 AM

67	Senior	200 Freestyle	68
69	13-14	200 Freestyle	70
71	11-12	200 Freestyle	72
73	10 & under	200 Freestyle	74
75	Senior	100 Backstroke	76
77	13-14	100 Backstroke	78
79	11-12	100 Backstroke	80
81	10 & under	100 Backstroke	82
83	Senior	100 Butterfly	84
85	13-14	100 Butterfly	86
87	11-12	100 Butterfly	88
89	10 & under	100 Butterfly	90
91	Senior	800 Freestyle +	92

+ Deck seeded event

Entry limit 4 events per day

««SAFETY»»

In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. The Scenic City Aquatic Club, the City of Chattanooga, and any meet sponsors are not responsible for any injury, damage, or loss of valuables during the meet. Pool depth at the shallow end is 48 inches. Coaches, please caution your swimmers about the water depth. Failure to adhere to posted park speed limits and parking signs may result in ticketing. No smoking or glass containers are allowed inside the pool fence.

Chattanooga Invitational Long Course Meet
June 8, 9 and 10, 2007

ENTRY FORM SUMMARY

TEAM
NAME: _____ ABBRV: _____

—
TEAM
ADDRESS: _____

—
TEAM COACH: _____ TELEPHONE#: _____

TEAM REP: _____ TELEPHONE#: _____

TOTAL NUMBER SWIMMERS _____ X \$3.00 SURCHARGE = \$ _____
TOTAL EVENTS ENTERED _____ X \$3.00 Entry fee = \$ _____
TOTAL DUE = \$ _____

PLEASE LIST PARENTS ON YOUR TEAM WHO ARE USA OFFICIALS WHO WOULD LIKE TO WORK THIS MEET:

OFFICIALS NAME: _____ PHONE #: _____

OFFICIALS NAME: _____ PHONE #: _____

OFFICIALS NAME: _____ PHONE #: _____

OFFICIALS NAME: _____ PHONE #: _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with U.S.A. Swimming. I acknowledge that I am familiar with the safety rules of U.S.A. Swimming regarding warm-up procedures and I shall be responsible for the compliance of my swimmers with those rules during this meet. Any organization associated with The 2007 Chattanooga Long Course Meet including the City of Chattanooga, meet sponsors, Southeastern Swimming, Inc., U.S.A. Swimming, Inc., the Scenic City Aquatic Club, its agents, employees and coaches shall be free from any liability or claim for damages rising of injury to anyone during the conduct of the meet.

SIGNATURE DATE TITLE

USA Swimming Registered Coaches Attending This Meet:

